



Sunset Athletic Club Clubhouse

Back-to-School Year Party!

www.sacclubhouse.com

503-645-3535 Ext. 257

We are so excited you will be celebrating at the S.A.C. Clubhouse!

You will be treated to a fun afternoon of games, swimming, pizza, & more!

Kids

1. Please bring a swimsuit, change of clothes and a towel in a bag marked with your name. There is a designated time all kids will be in the indoor pool, so please come prepared.
2. All kids must remain in the assigned area throughout the event. Wandering throughout Sunset Athletic Club is not permitted.
3. Shirts and shoes must be worn at all times and in all areas of Sunset Athletic Club. Profanity and inappropriate behavior are not allowed.
4. Come ready to have a great time! It's going to be an exciting afternoon to kick off summer with friends!

Parents

1. Please review the above-stated rules and expectations with your kids prior to the event.
2. Parents are invited to join the kids in the designated areas throughout the party. Wandering throughout Sunset Athletic Club is not permitted.
3. During the swimming portion of your event, parents are invited to swim with the kids or watch from the upstairs viewing area.
4. Alcohol is not permitted under any circumstance during this event.

Please sign below to acknowledge you have read the rules for this event and agree to comply. Sunset Athletic Club reserves the right to excuse anyone who does not have a completed waiver or does not follow S.A.C. rules.

Participant's Signature

Parent's Signature

Sunset Athletic Club Clubhouse Emergency/Medical Release Form

(Updated as of 12/01/09)

Parent's name _____

(Last name)

(First name)

Children (Name)

(Name)

(Birth date)

(Name)

(Birth date)

(1)

(2)

(3)

(Birth date)

(Name)

(Birth date)

(3)

(4)

Home # _____

Cell # _____

Memb. # _____

Type of Membership: SINGLE COUPLE FAMILY

Email Address _____

Do you want to join our email distribution list?

YES

NO

Emergency Contact _____

(Name)

(Phone)

Medical History

Please check if any of your children have any of the following. All the above stated children are numbered; please place the number of the child in each box if necessary.

_____ Rheumatic fever

_____ Head Injury

_____ Heart Trouble

_____ Epilepsy

_____ Hernia

_____ Diabetes

_____ Asthma

_____ Wear Contacts

_____ Hay Fever

_____ Food Allergies

If yes, please state: _____

_____ Recent Fractures

If yes, please state: _____

_____ Recent surgeries

If yes, please state: _____

Other serious injuries or illness, please state: _____

Please read the following and sign on the bottom of this page.

1. I give permission for my children to participate in the Sunset Athletic Club Clubhouse programs. I do hereby grant permission to hospital staff to administer treatment to my children should they be injured or should the parents/emergency contact be unavailable.
2. I understand by signing this release form I am granting my children permission to participate in all clubhouse events, excluding Clubhouse Camps. I know the activities in which my children may be participating in may require the use of other facilities within the Sunset Athletic Club campus, such as the Indoor movie theater, Indoor and Outdoor designated play areas, Indoor gymnasium, or Aquatics facility. I grant permission for my child to leave the S.A.C. Clubhouse to use the designated above stated areas with supervision from the Clubhouse Crew.
3. I agree to hold harmless the Sunset Athletic Club and its staff for any injury incurred as a result of my child's participation in the programs. I understand S.A.C. provides maximum safety procedures and guidelines, and therefore cannot assume responsibility for accidents that occur.
4. I understand that I, as the parent/guardian, must sign this release form prior to my child participating in any program and that my child may not be allowed to participate without this form being signed prior to the start of a clubhouse event.
5. I understand this release form will be kept on file at the S.A.C. Clubhouse and will be my responsibility to inform the Clubhouse Crew of any changes to information that may occur after the below signed date. I also understand this release form does not apply to any other department at Sunset Athletic Club, and I will need to re-sign all information when registering for those programs.
6. I understand that it is my responsibility, as the parent/guardian, to update this emergency form should my child's history and/or emergency information change.

(Parent Signature) _____ (Date) _____

